



Return to Work Self-Certification for COVID-19

Name: _____

LOLA #: _____

I have either tested positive for COVID-19, have had COVID-like symptoms, or have been or believe that I have been exposed to someone who has tested positive or has COVID-19 symptoms. I understand that I may return to campus only under the following conditions and that I will comply with these guidelines.

- **Persons with COVID-19 symptoms and/or a positive test who were directed to care for themselves (self-isolate) at home may end self-isolation and return to campus when at least three days (72 hours) have passed since recovery meaning:**
 - Fever free (temperature $\leq 100.4^{\circ}\text{F}$) without the use of fever-reducing medications; AND
 - Improvements in respiratory symptoms (e.g., cough, shortness of breath), AND
 - At least 10 days have passed since symptoms first appeared.
- **Persons with laboratory-confirmed COVID-19 who have not had any symptoms may return to campus when at least 10 days have passed since the date of their last positive COVID-19 test and have had no subsequent illness.**
- **Persons suspected of having COVID-19 who have been tested and receive a negative test may return to campus provided they feel well.**
- **Persons who are sick with non-COVID-19 symptoms, or sick but tested negative for COVID-19, must be symptom free for three days (72 hours) before returning to campus.**
- **Persons who have close contact (defined as within 6 feet for 15 minutes) of a person with a confirmed positive test result may return to campus after a 14-day isolation period has passed and no symptoms develop or after testing negative on the PCR test conducted at least five (5) days after exposure to a COVID-positive person or a person with a suspected illness.**

Signature

Date